
AEC 1: Sanskrit B: Introductory Upanishad and Geeta

Credit distribution, Eligibility and Pre-requisites of the Course

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course
		Lecture	Tutorial	Practical/ Practice		
Sanskrit B: Introductory Upanishad and Geeta	02	02	00	NA	Class X Pass with Sanskrit	-

Learning Objectives

This course aims at making

- the students acquainted with general outline of Sanskrit literature.
- the learners be familiar with the tradition of Indian Philosophical literature
- with some focus on individual contributors of Sanskrit prose writing.

Learning outcomes

The students will learn

- the teachings of Upanisads and Gita
- three major knowledge systems of Traditional Indian Philosophy
- the mantras and verses, prescribed in the course, will help the learners to develop an understanding of the moral and ethical values that will be useful in their day-to-day life.
- They will be familiar with the rich history of Sanskrit Literature.
- This course will enhance their skills of chaste Sanskrit pronunciation as well as competence and performance of the language also.
- This will help them translate and explain the prescribed Sanskrit texts in their native language.

SYLLABUS OF AEC-1**Unit: I****Course Content/Prescribed Books**

General Introduction to Upanisads

Text Introduction to Ishavasyopanishad- Karma, Vidya-Avidya, Satya, Atman

Unit: II

Course Content/Prescribed Books

Introduction to Geeta: Background, Purpose,
Gyanyoga
Karmayoga
Bhaktiyoga

Essential/recommended readings

1. भगवद्गीता, शाङ्करभाष्य अनुवाद सहित, अनुवादक श्रीहरिकृष्णदास गोयन्दका, गीता प्रेस, गोरखपुर
2. Valmiki Ramayana – Valmiki.iitk.ac.in
3. गीताभाष्यनवाम्बरा- डॉ० शिवनारायण शास्त्री
4. Ishavasyopnishad- Geeta Press, Gorakhpur, 1992
5. Ishavasyopnishad- Swami Sharvananda, Shri RamKrishna Math, Mylapur, Madras, 1943
6. Ishavasyopnishad, Dr. Shashi Tiwari, Bhartiya Vidya Prakashan, Delhi, 1997

Suggested readings

1. Bhagawadgita with the commentary of Shankaracharya – A.K. Warrior,
2. Bhagawadgita – Dr. S. Radhakrishnan
3. Śrīmadbhagavadgītā, The Scripture of Mankind, text in Devanagari with transliteration in English and notes by Swami Tapasyananda, Sri Ramakrishna Math, 1984

Examination scheme and mode: Subject to directions from the Examination Branch/University of Delhi from time to time